



Crestwood Public School Canteen Menu Term 1 2019

Monday	Tuesday	Wednesday	Thursday	Friday
☺ Lasagne \$4.50	☺ Lasagne \$4.50	☺ Lasagne \$4.50	☺ Lasagne \$4.50	☺ Lasagne \$4.50
☺ Mac & Cheese (V) \$4.50	☺ Mac & Cheese (V) \$4.50	☺ Mac & Cheese (V) \$4.50	☺ Mac & Cheese (V) \$4.50	☺ Mac & Cheese (V) \$4.50
☺ Canteen made Pasta Nap (V) \$4.00	☺ Canteen made Pasta Nap (V) \$4.00	☺ Canteen made Pasta Nap (V) \$4.00	☺ Canteen made Pasta Nap (V) \$4.00	☺ Canteen made Pasta Nap (V) \$4.00
☺ Canteen made Fried Rice (contains egg) (GF & V) \$4.00	☺ Canteen made Fried Rice (contains egg) (GF & V) \$4.00	☺ Canteen made Fried Rice (contains egg) (GF & V) \$4.00	☺ Canteen made Fried Rice (contains egg) (GF & V) \$4.00	☺ Canteen made Fried Rice (contains egg) (GF & V) \$4.00
☺ Corn Cobette (V) \$1.00	☺ Corn Cobette (V) \$1.00	☺ Corn Cobette (V) \$1.00	☺ Corn Cobette (V) \$1.00	☺ Corn Cobette (V) \$1.00
☺ Lean Beef Burger (Lettuce, Tomato & Cheese) \$4.50	☺ Honey Soy Chicken with Rice \$4.50	☺ Lean Beef Burger (Lettuce, Tomato & Cheese) \$4.50	☺ Honey Soy Chicken with Rice \$4.50	☺ Lean Beef Burger (Lettuce, Tomato & Cheese) \$4.50
☺ Honey Soy Chicken Wrap (Lettuce & Cucumber) \$4.00	☺ Chicken Burger (Lettuce & Mayo) (H) \$4.50	☺ Honey Soy Chicken Wrap (Lettuce & Cucumber) \$4.00	☺ Chicken Burger (Lettuce & Mayo) (H) \$4.50	☺ Chicken Nuggets 4 pack (H) \$2.50
☺ Chicken Nuggets 4 pack (H) \$2.50	☺ Chicken Tender Wrap (Lettuce, Mayo & Tomato) (H) \$4.00	☺ Vegetarian Hot Dog (V) \$4.00	☺ Chicken Caesar Wrap (Caesar sauce, Cheese & Lettuce) (H) \$4.00	☺ GF Chicken Nuggets 4 pack (GF) \$3.00
☺ GF Chicken Nuggets 4 pack (GF) \$3.00	☺ Roadie Meat Pie \$4.00	☺ Hot Dog \$4.00	☺ Fish Fingers 4 pack (H) \$2.00	☺ Sausage Roll \$4.00
☺ Fish Fingers 4 pack (H) \$2.00		☺ Spinach & Ricotta Roll \$3.50		☺ Garlic Bread (5 inch) \$1.50
☺ Garlic Bread (5 inch) \$1.50		☺ Garlic Bread (5 inch) \$1.50		

Sandwiches (served on wholemeal bread)/Wraps – available everyday (note not Ham)

☺ BBQ Chicken \$3.50	☺ Egg & Mayo \$3.50	☺ Salad (Beetroot, Carrot, Cucumber, Lettuce & Tomato) \$4.50
☺ BBQ Chicken & Mayo \$4.00	☺ Egg, Lettuce & Mayo \$4.00	☺ Strawberry Jam \$2.50
☺ BBQ Chicken, Lettuce & Mayo \$4.50	☺ Ham (Tues, Thurs only) \$3.00	☺ Tuna \$2.50
☺ Cheese \$2.50	☺ Ham & Cheese (Tues, Thurs only) \$3.50	☺ Tuna & Cucumber \$3.00
☺ Cheese & Salad (Beetroot, Carrot, Cucumber, Lettuce & Tomato) \$5.00	☺ Ham, Cheese & Tomato (Tues, Thurs only) \$4.00	☺ Tuna & Mayo \$3.00
☺ Cheese & Tomato \$3.00	☺ Honey \$2.50	☺ Vegemite \$3.00

Recess Items (only available for purchase at recess)	Drinks	Fruit & Other Cold Items	Frozen Treats (not available for infants at recess)	Confectionary
☺ Cheesy Baked Bean Roll \$0.50	☺ Plain Milk (300ml) \$1.20	☺ Green Apple \$1.00	☺ Fruit Cups (110ml) – Apple, Apple/Blackcurrant, Orange, Pineapple \$1.00	☺ Muffin of the Day \$0.50
☺ Cheesy Spaghetti Roll \$0.50	☺ Oak Flavoured Milk (Low Fat – 300ml) \$1.70	☺ Red Apple \$1.00	☺ Juicies (Lemonade, Orange, Tropical, Wildberry) \$1.00	☺ Popcorn lightly salted (approx. 25g) \$1.00
☺ Cheese Toastie \$2.50	☺ Chocolatz, Strawberry or Banana \$1.30	☺ Other Seasonal fruit e.g. Banana, Watermelon \$1.00	☺ Quelch 99% Fruit Ice Sticks (70ml – Icy Bites) \$0.50	
☺ Garlic Bread (5 inch) \$1.50	☺ Moo Milk (200ml) Chocolate or Strawberry \$1.50	☺ Pauls Vanilla Custard (150g) \$1.50	☺ Weiss Bars – assorted flavours \$2.00	
	☺ Just Juice Poppers 100% fruit juice (200ml) – Apple, Apple/Blackcurrant, Orange, Paradise Punch \$1.50	☺ Pauls Milky Max Chocolate Custard (100g) \$1.00	☺ Frozen Orange slice \$0.20	
	☺ OKF Slightly Sparkling Water (245ml) – Lemon \$1.50	☺ Vaalia Strawberry Yoghurt Pouch \$2.00	☺ Slushie (99% Fruit) \$2.50	
	☺ Up & Go (250ml) - Choc Ice, Vanilla \$2.60			
	☺ Water (600ml) \$1.50			

Note: Items with a ☺ in front of them are classified as Every Day Foods. Items without a symbol in front are classified as Occasional Foods.

(H) = Halal Items (V) = Vegetarian items (GF) = Gluten Free items

Additional items: Tomato Sauce sachet \$0.30, BBQ Sauce sachet \$0.30, Spoon \$0.05, Fork \$0.05, Knife \$0.05. (all hot food that comes in containers automatically served with a fork, frozen fruit cups, custards automatically served with a spoon)